



# Parent Resource Guide

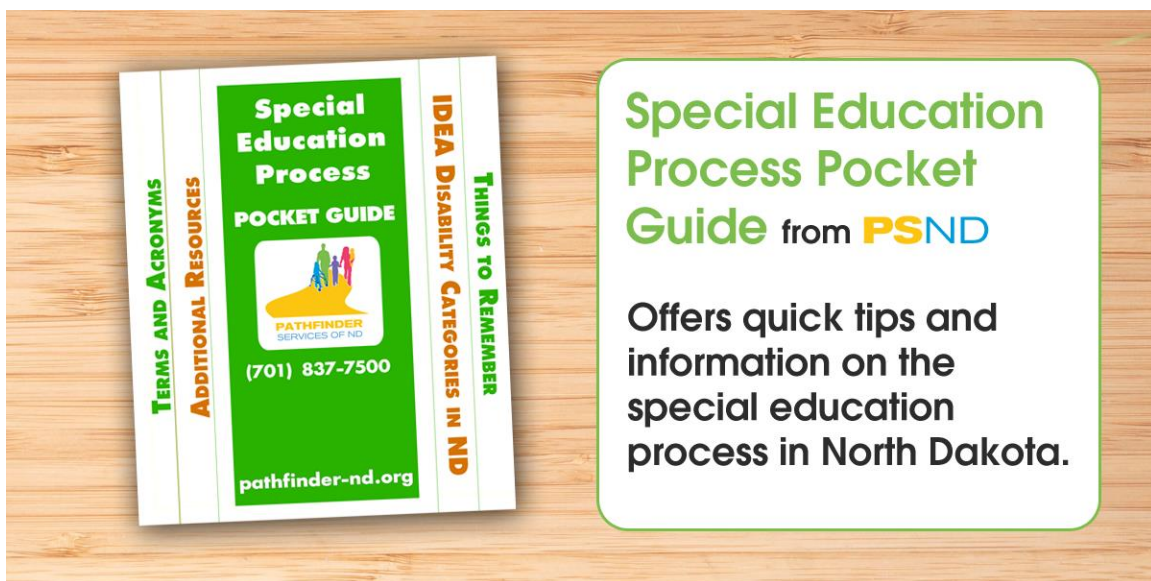
*Creating Pathways for North Dakota Parents*





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## EDUCATION AGES 0 - 3

### **Early Intervention – ND Department of Human Services**

<https://www.nd.gov/dhs/services/disabilities/earlyintervention/>

**701-328-8968**

Early Intervention means early assistance. This program is designed to identify children at risk in the earliest stages, when the right help can make all the difference. Early intervention makes it possible for ND to meet the needs of infants and toddlers with delays and/or disabilities and their families. Access to early intervention provides children birth to 3 the ability to reach their potential.

### **Early Head Start**

<https://www.nd.gov/dpi/education-programs/early-childhood-education/head-start>

**701-328-2232**

Early Head Start is responding to strong evidence suggesting that early intervention through high quality programs enhances children's physical, social, emotional, and cognitive development; enables parents to be better caregivers and teachers to their children; and helps parents meet their own goals, including economic independence. Early Head Start programs are designed to reinforce and respond to the unique strength and needs of each child and family.

### **Children's Special Health Services – ND**

<https://www.ndhealth.gov/cshs/>

**800-755-2714**

The mission of the Division of Special Health Services (SHS) is to promote a system of care and services that improves the health and well-being of individuals with special health care needs and their families.

### **Child Care Aware of ND**

<http://ndchildcare.org/>

**800-997-8515**

Child Care Aware is a training and information hub for child care providers. They offer parents customized referrals to licensed child care options. They work to build the capacity of child care in North Dakota and insure that children have the opportunity to play and learn in a safe and healthy environment.

## EDUCATION PRESCHOOL THROUGH KINDERGARTEN

### **Early Childhood Education – North Dakota Department of Public Instruction**

<https://www.nd.gov/dpi/education-programs/early-childhood-education>

**701-328-2232**

The Early Childhood Education Program provides coordinated resources, strategies, and initiatives to support at-risk students and foster collaboration among the different programs while working within state and federal regulations.

#### **Related Resources:**

##### **Understanding Early Childhood Transition: A Guide for Families and Professionals**

<http://pathfinder-nd.org/resources/108.pdf>

This guide was initiated as a workbook to provide an outline of transition activities, timelines, contact and program information, questions, and concerns to guide parents through each step of the transition process.

##### **Special Education Units in North Dakota**

<http://pathfinder-nd.org/resources/99.pdf>

This resource from the North Dakota Department of Public Instruction provides contact information for special education units across the state, various personnel and boards, and schools participating in special education units.

### **Head Start**

<https://www.nd.gov/dpi/education-programs/early-childhood-education/head-start>

**701-328-2232**

Head Start and Early Head Start are child development programs, serving children from birth to age five, expectant mothers and families. The overall goal of Head Start is to increase the social ability of children in low-income families and children with disabilities, and improve the chances of success in school.

## EDUCATION PRE-K – 12

### **North Dakota Department of Public Instruction – Special Education**

<https://www.nd.gov/dpi/education-programs/special-education>

**701-328-2277**

The Individuals with Disabilities Education Act (IDEA) ensures that all children and youth with disabilities have available to them a free appropriate public education that emphasizes special education and related services designed to meet their unique needs and prepare them for further education, employment, and independent living. NDDPI provides oversight of the special education programs within North Dakota. NDDPI designs and implements policies and procedures for carrying out the requirements of the IDEA and ensures compliance with those policies and procedures.

#### **Related Resources:**

##### **Special Education Units in North Dakota**

<http://pathfinder-nd.org/resources/99.pdf>

This resource from the North Dakota Department of Public Instruction provides contact information for special education units across the state, various personnel and boards, and schools participating in special education units.

##### **Parent Guide to Special Education**

<http://pathfinder-nd.org/resources/132.pdf>

NDDPI has written this guide for parents to answer questions you may have as you begin to take part in the special education process in North Dakota. It was prepared to help parents have a solid understanding about how the special education process works in the schools of our state.

##### **Section 504 Guidelines**

<http://pathfinder-nd.org/resources/133.pdf>

Schools must provide a free appropriate public education to students with disabilities in its jurisdiction who are eligible under Section 504. Instruction must be provided to meet the needs of those students as adequately as the needs of students without disabilities. This standard of what is "appropriate" differs from the IDEA "appropriate" standards, which requires the school to design a program reasonably calculated to confer educational benefit. An appropriate education under Section 504/ADA requires that the services be effective and fair.

##### **Home Education and Children with Disabilities**

<http://pathfinder-nd.org/resources/106.pdf>

**701-328-2271**

The purpose of this informational paper is to provide clarification of the issues surrounding students with disabilities whose parents choose to educate them through home education.

## North Dakota Home School Association (NDHSA)

<https://www.homeschool-life.com/1125/custom/56076>

**701-590-3770**

The North Dakota Home School Association supports the right of parents to homeschool their children with special needs. This list of resources is provided to help in that endeavor. The following list of products and services include national organizations as well as recommendations from homeschool families already involved in the teaching of their special needs children.

**PSND**

## Resources



Pathfinder Services of ND offers hundreds of vetted resources. Our resource library includes handouts, brochures, webinars, and websites.

Visit our website to learn more about the resources available from PSND.

[pathfinder-nd.org/resources.php](http://pathfinder-nd.org/resources.php)

## EDUCATION TRANSITION AGE GRADES 9-12+

### **NORTH DAKOTA DEPARTMENT OF VOCATIONAL REHABILITATION**

<https://www.nd.gov/dhs/dvr/>

**701-328-8950**

Our primary mission is to assist North Dakotans with disabilities to improve their employment opportunities and to assist North Dakota businesses in finding solutions to their disability-related issues. Through this "dual client" approach, we assist individuals with permanent injuries, illness, or impairments to achieve competitive employment and increased independence. We also assist business owners and employers through full service business consultation on a variety of business and disability-related areas.

#### **LOCATIONS**

<b>Bismarck</b>	701-328-8800	<b>Devils Lake</b>	701-665-2235
<b>Dickinson</b>	701-227-7600	<b>Fargo</b>	701-298-4459
<b>Grand Forks</b>	701-795-3100	<b>Jamestown</b>	701-253-6388
<b>Minot</b>	701-857-8642	<b>Williston</b>	701-774-4662

### **ADULT LEARNING CENTERS**

<https://www.nd.gov/dpi/education-programs/adult-education-ged/adult-learning-centers-alc>

The Adult Learning Center and satellite sites are open to serve the public who need basic education and secondary education services. Contact each center for specific office hours, registration protocol, services, classes and GED testing schedules as this varies with each Center.

#### **LOCATIONS**

<b>Williston</b>	701-774-4221	<b>Minot</b>	701-857-4488
<b>Devil's Lake</b>	701-662-1536	<b>Belcourt</b>	701-477-7913
<b>Grand Forks</b>	701-795-2777	<b>Grafton</b>	701-352-3705
<b>Fargo</b>	701-446-2806	<b>Wahpeton</b>	701-446-2806
<b>Valley City</b>	701-845-0256	<b>Jamestown</b>	701-845-0256
<b>Bismarck</b>	701-323-4530	<b>Dickinson</b>	701-456-0008



# POST SECONDARY EDUCATION

## NORTH DAKOTA UNIVERSITY SYSTEM

<https://ndus.edu/>

701-328-2950

### COLLEGES

[Bismarck State College](#) (Public)

[Dakota College Bottineau](#) (Public)

[Dickinson State University](#) (Public)

[Lake Region State College](#) (Public)

[Mayville State University](#) (Public)

[Minot State University](#) (Public)

[NDSU – Wahpeton](#) (Public)

[NDSU](#) (Public)

[UND](#) (Public)

[Valley City State University](#) (Public)

[Williston State College](#) (Public)

[University of Mary](#) (Private)

[University of Jamestown](#) (Private)

[Trinity Bible College](#) (Private)

[Sitting Bull College](#) (Tribal)

[United Tribes Technical](#) (Tribal)

[Candeska Cikana CC](#) (Tribal)

[Turtle Mountain CC](#) (Tribal)

[Nueta Hidatsa Sahnish](#) (Tribal)

### ADMISSIONS

701-224-5400

701-228-5426

701-483-2175

701-662-1519

701-788-4631

701-858-3350

701-671-2401

701-231-8802

701-777-3000

701-845-7101

701-774-4210

701-355-8030

800-336-2554

800-523-1603

701-864-8000

701-255-3285

701-766-4415

701-477-7862

701-627-4738

### ACCESSIBILITY OFFICE

701-224-5671

701-228-5672

701-483-2686

701-662-1546

701-788-4675

701-858-4402

701-671-2623

701-231-8463

701-777-2664

701-845-7207

701-774-4224

701-355-8264

701-252-3467

701-854-8034

701-221-1516

701-766-1319

701-477-7947

701-627-8099

### TRADE SCHOOLS

[Lynnes Welding Training – Fargo](#)

[Lynnes Welding Training – Bismarck](#)

[Salon Professional Academy – Fargo](#)

[Moler Barber College of Hair Styling – Fargo](#)

### ADMISSIONS

701-373-0658

701-751-4256

701-478-1772

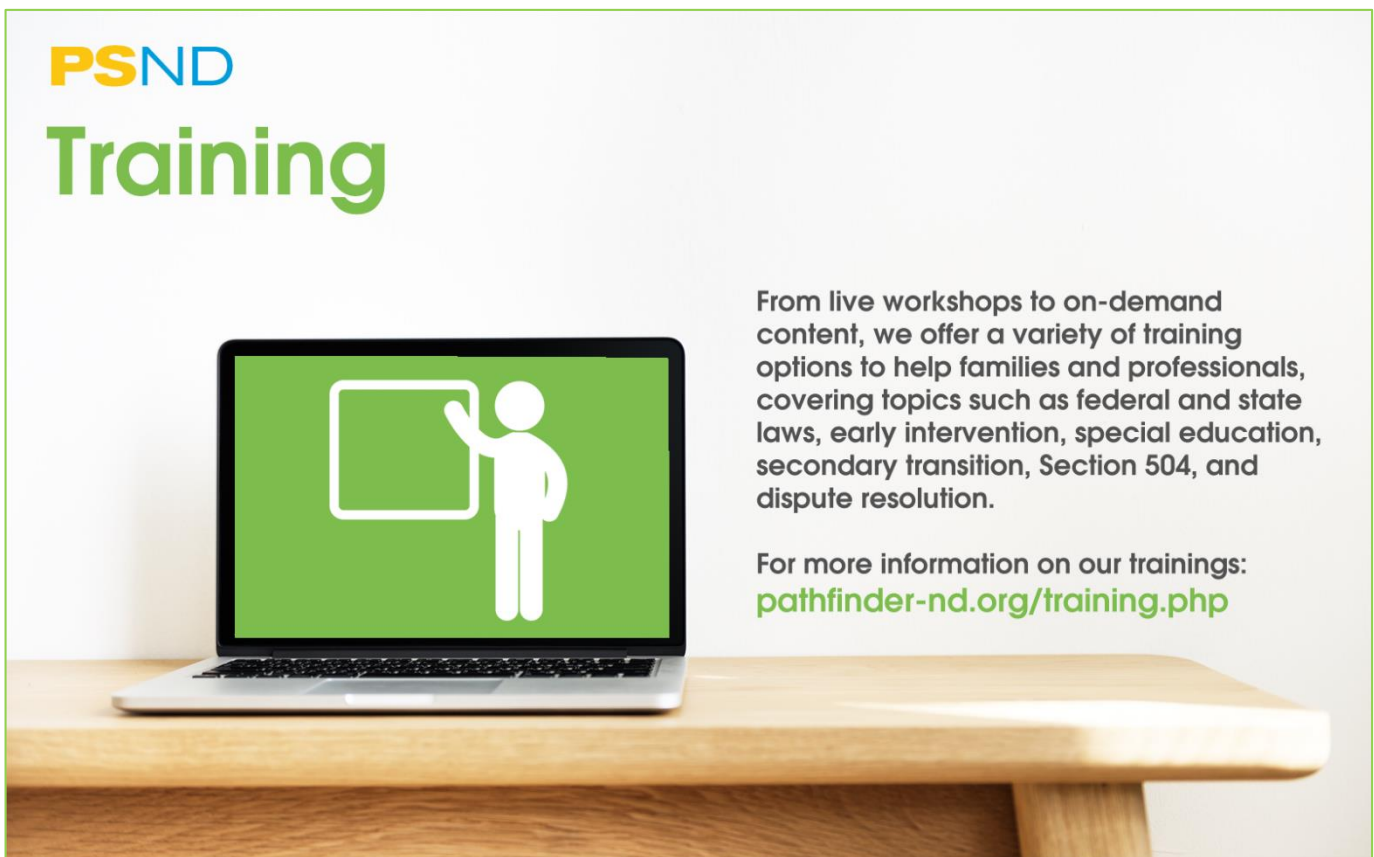
701-232-6773

## JOB CORPS

<https://www.jobcorps.gov/parents>

**800-733-5627**

Explore life at the center and learn how you can further your education and build a strong foundation with hands-on training. See how our program continues to assist you after graduation by giving you the tools to succeed and grow your career.



**PSND**  
**Training**

From live workshops to on-demand content, we offer a variety of training options to help families and professionals, covering topics such as federal and state laws, early intervention, special education, secondary transition, Section 504, and dispute resolution.

For more information on our trainings:  
[pathfinder-nd.org/training.php](https://pathfinder-nd.org/training.php)

## VOCATIONAL SUPPORT SERVICES

### **Anne Carlsen Center**

<https://annecarlsen.org/vocational/>

Supported Employment is intended to provide services that lead to employment for individuals with the most significant disabilities, including youth, who have traditionally been excluded from consideration for competitive integrated employment that is individualized and customized, consistent with the unique strengths, abilities, interests, and informed choice of the individual.

#### **LOCATIONS**

**Grand Forks**

701-757-4200

**Jamestown**

701-952-9820

### **Development Homes**

<https://www.developmenthomes.org/>

**701-335-4000**

Supported Employment provides training for individuals with significant disabilities who, because of the severity of their physical or mental impairments, have never been employed or have a history of sporadic employment. Individuals served by this program need ongoing intervention on or off the job in order to maintain employment.

### **Community Living Services**

<https://communitylivingservices.org/>

**701-232-3133**

Vocational Services program unearths an individual's skills and interests to build a strong foundation for meaningful and sustainable employment. We provide job seekers a support group dedicated to building partnerships within our community. Individuals receiving Vocational Services are paired with support staff based on an individual's vocational goals, interests, and personal preferences. This services utilizes several tools to assess an individual's skill level, as well as to teach new ones, and to build effective routines to create meaningful and obtainable employment.

### **HIT Inc.**

<https://www.hitinc.org/>

**701-663-0379**

HIT, Inc's Employment Services Program provides job development, job placement, and coaching services to assist people in acquiring gainful and competitive employment.

## **KALIX**

<https://www.kalixnd.org/>

**701-852-1014**

The Kalix employment services team assists each person to identify their employment goals, develop work skills, and find the job of their choice. In addition to paid work, people may choose to learn more about employment options, participate in a variety of skill-building activities, volunteer for a local non-profit, and/or participate in recreational activities.

## **Community Options**

<https://www.communityoptionsnd.com/>

The Vocational Development program offers personalized services to individuals needing assistance securing employment. We provide job development, job placement, on-site job coaching, and follow-along services to individuals referred from Vocational Rehabilitation offices at the Human Service Centers across the state. Crossroads is a voluntary program that assists young parents up to the age of 21 in attaining goals while pursuing their high school, GED or college education. While enrolled in the program participants have access to one on one support, receive a monthly financial incentive, are eligible for state child care assistance and can receive a monthly stipend for transportation assistance.

### **LOCATIONS**

<b>Bismarck</b>	701-223-2417	<b>Minot</b>	701-852-0174
<b>Dickinson</b>	701-483-2417	<b>Devil's Lake</b>	701-662-3110
<b>Fort Yates</b>	701-854-4379	<b>Fargo</b>	701-364-2682
<b>Grand Forks</b>	701-772-1715	<b>Jamestown</b>	701-952-0220
<b>Williston</b>	701-609-5329		

## **ABLE, Inc.**

<https://www.ableinc.net/>

**701-456-3000**

ABLE, Inc. has cleaning/work contracts with a variety of businesses in the community. We support people to successfully complete the jobs, focusing on enhancing their skills, working as a team and interacting with others in the community. We also have our own store locations that offer more individualized work opportunities

## **Opportunity Foundation**

<https://www.oppfound.org/>

**701-774-8593**

Meaningful, gainful employment is an integral part of society. It is the means to economic self-sufficiency and independence. It builds self-esteem and enables each person to have a desirable lifestyle. It is the intent of Work Support Services to provide each person an opportunity to take his or her place in our nation's workforce as a contributing member. It is to this end we provide a choice of meaningful work based on individual interests and skills

## **Enable, Inc.**

<https://enablend.org/services/>

**701-255-2851**

Enable Day Services offers a variety of activities and supports to include leisure, volunteer, and periodic opportunities to work. Personalized programs are developed to identify interests and enhance quality of life and a variety of supports are available to people with cognitive, physical, behavioral and sensory needs.

## **REM North Dakota**

<https://www.remnorthdakota.com/>

To help individuals successfully hold jobs of their choice within their communities, this program provides a full range of training and follow-up support services. Our Development Coordinator analyzes an individual's interests and capabilities, suggesting additional technical or social skills training, which will enable a successful job experience. Each person is matched with a support specialist who provides customized support including transportation, job training and oversight—providing as much, or as little assistance as the individual requires on a regular, ongoing basis.

### **LOCATIONS**

<b>Minot</b>	701-839-6630	<b>Devil's Lake</b>	701-665-3044
<b>Grafton</b>	701-352-3336	<b>Grand Forks</b>	701-746-5217

## **Open Door Center**

<https://odcvc.com/>

**701-845-1124**

This Supported Employment program emphasizes the placement of individuals with disabilities in a non-segregated, competitive employment environment. "Support" or ongoing assistance is provided systematically on a long-term basis.



## Triumph Inc.

<https://www.triumphnd.com/>

701-952-0429

A long-term assistance program to find and maintain employment to focus on a client's goal. A client is placed in this program through a Vocational Rehabilitation Counselor with an agreed upon extended services funding source.

## Rehab Services Inc. (RSI)

<http://rsiminot.com/rsi-programs>

701-839-4240

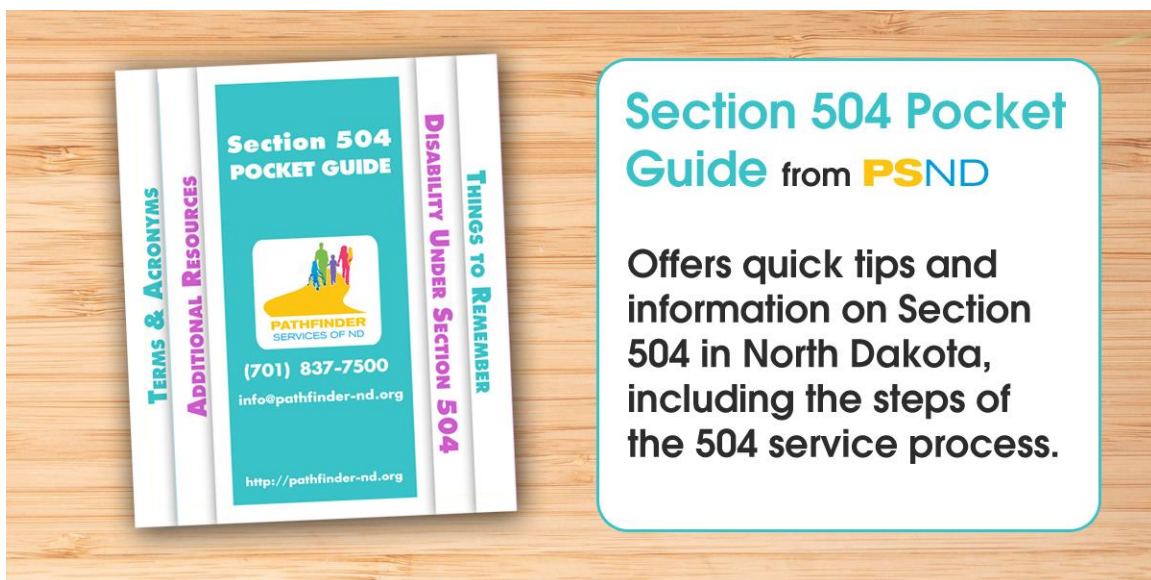
The RSI Student Transition Program includes services in the areas of job exploration, workplace readiness training, work based learning experiences, self-advocacy training, and counseling on post-secondary opportunities.

## Prairie Harvest

<http://www.prairieharvest.net/>

701-795-9143

Extended Services match competent workers with available jobs in the community. Services include a careful matching of worker abilities and interests with specific job requirements. Specialized training is provided to the new employee at the job site by an Employment Training Specialist and follow-up services are available for as long as the worker is employed.



## CENTERS FOR INDEPENDENT LIVING (CIL)

### **North Dakota Centers for Independent Living**

<http://www.ndcil.org/>

Independent Living Network is committed to bringing people with disabilities and those feeling the effects of aging the resources, information, expertise, and skills necessary in order for them to thrive within the communities of their choosing while remaining within their own home.

#### **LOCATIONS**

#### **Dakota Center for Independent Living**

<http://dakotacil.org/>

Bismarck 701-222-3636

Dickinson 701-483-4363

Counties Served: Adams, Billings, Bowman, Burleigh, Dunn, Emmons, Golden Valley, Grant, Kidder, Hettinger, McLean, Mercer, Morton, Oliver, Sheridan, Sioux, Slope, Stark

#### **Freedom Resource Center for Independent Living**

<https://www.freedomrc.org/>

Fargo 800-450-0459

Jamestown 701-252-4693

Wahpeton 701-672-1648

Lisbon 701-683-6850

Counties Served: Barnes, Cass, Dickey, LaMoure, Logan, McIntosh, Ransom, Richland, Sargent, Stutsman

#### **Independence, Inc. Resource Center for Independent Living**

<http://independencecil.org/>

**701-509-2335**

Counties Served: Bottineau, Burke, Divide, McHenry, McKenzie, Mountrail, Pierce, Renville, Rolette, Williams

#### **Options Interstate Resource Center for Independent Living**

<http://myoptions.info/>

**800-726-3692**

Counties Served: Benson, Cavalier, Eddy, Foster, Grand Forks, Griggs, Nelson, Pembina, Ramsey, Steele, Trail, Towner, Wells

## RESIDENTIAL/SUPPORTIVE LIVING

(See providers under Vocational Support Services as most also offer Residential Services)

### **Ruth Meiers Adolescent Treatment Center**

<https://www.nd.gov/dhs/locations/regionalhsc/northeast/ruth-meiers.html>

**701-795-3870**

To provide a supervised/structured treatment program for adolescents experiencing serious mental health issues, and to assist them in developing the skills they need so they can function in a positive and productive manner within their families and communities.

### **Dakota Boys & Girls Ranch**

<https://www.dakotaranch.org/>

#### **LOCATIONS**

Minot **800-593-3098**

Bismarck **701-224-1789**

Fargo **701-237-3123**

Dakota Boys and Girls Ranch is a residential treatment and educational center for children ages 10 – 19 and their families. We help the most troubled, complicated, and amazing kids by providing best-in-class psychiatric therapy and trauma-informed care, where we look kids in the eye, walk with them, and help them become their best selves. Campus in Minot, Bismarck, and Fargo.

### **Pride Manchester House**

<https://www.prideinc.org/>

**701-258-7838**

(Licensed ages 5 – 13)

Pride Manchester House is a nationally accredited psychiatric residential treatment facility serving a wide variety of children ages 5 through 13, who are diagnosed with serious emotional and behavioral health problems.

### **Luther Hall**

<http://www.lsnd.org/>

**701-297-6184**

(Licensed ages 10 – 18)

Luther Hall is a psychiatric residential treatment facility that provides medical, therapy, and behavioral health services to troubled youth. It is Luther Hall's objective to teach our residents how to make their own positive decisions to foster healthy lifestyles and focus on strengths by the end of their treatment.

### **Eckert Youth Homes**

<http://www.eckertyouth.com/>

Eckert Youth Homes is an Adolescent Residential Treatment Facility, for youth between the ages of 14-18, located on a spacious and beautiful campus in Williston, North Dakota. We exist to provide a Christian environment that is structured and nurturing.

## Harmony House

Devils Lake

**701-662-8393**

Licensed for youth ages 10 – 21, Harmony House is located between Lake Region State College and Devils Lake High School.

## Lake Oahe Group Home

Fort Yates, ND

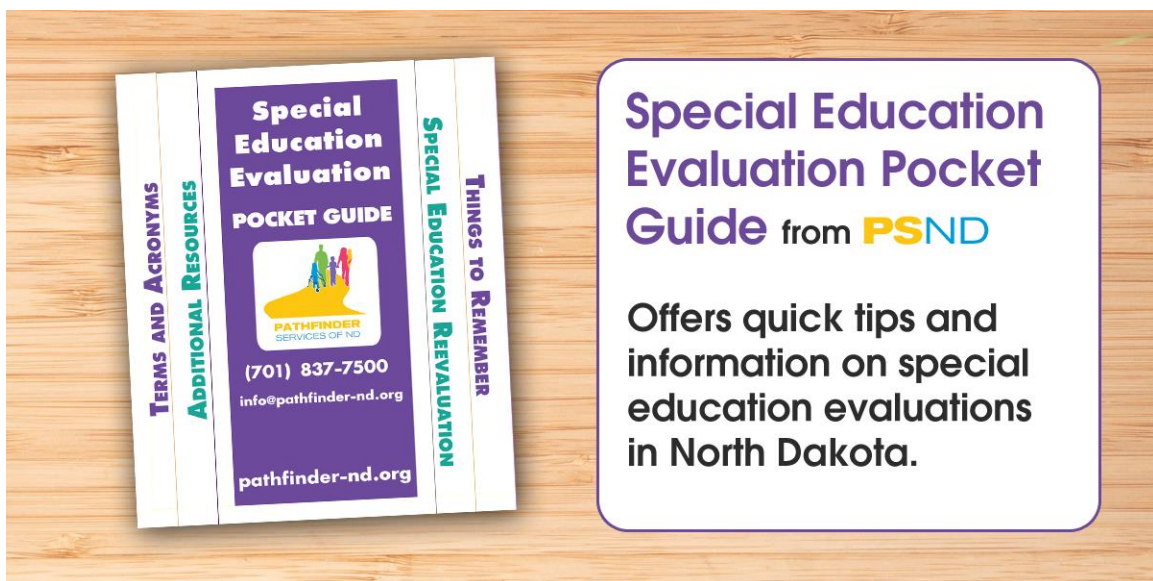
**701-854-2094**

Licensed for youth ages 10 – 18, Lake Oahe Group Home is a nonprofit group home operated by the Standing Rock Sioux Tribe, formerly known as Standing Rock Youth Ranch.

## Serenity Christian Homes

**701-532-0754**

Licensed for ages 10 – 19, Serenity Christian Homes is a new at-risk children's group home that is setting out to help the lives of youth. SCH believes that youth will succeed in life; provided they are given the right tools, therefore, we intend to serve our children in placement with biblical based principles of Love, Hope, Faith, Self-Worth and Acceptance. Importantly SCH accepts all children regardless of their religious beliefs or background and we pay attention to each child's unique mental, physical, and spiritual needs.



## DISABILITY RELATED AGENCIES

### **Anne Carlsen Center**

<https://annecarlsen.org/>

#### **LOCATIONS**

Jamestown: 800-568-5175

Bismarck: 701-751-3732

Fargo: 701-364-2663

Devils Lake: 701-662-6324

Grand Forks: 701-757-4200

Bottineau: 701-263-4556

Minot: 701-858-0009

Grafton: 701-757-4200

The Anne Carlsen Center is a non-profit organization that has been providing support and services for 75 years to individuals in North Dakota with developmental disability or delay.

### **NEXUS (YFS) – Path of ND**

<http://www.nexus-yfs.org/sites/path/index>

The PATH ND Family Support program provides voluntary community-based treatment utilizing the Wrap Around team process to help prevent a youth's out-of-home placement.

### **North Dakota Assistive – Assistive Technology (Formerly IPAT)**

<https://ndassistive.org/>

ND Assistive (formerly IPAT) is a non-profit organization that strives to bring assistive technology into the lives of all North Dakotans that need it. No matter your age, needs, or disability, they are there to help.

### **North Dakota Brain Injury Network**

<https://www.ndbin.org/>

The North Dakota Brain Injury Network (NDBIN) is funded by a contract with the North Dakota Department of Human Services to provide information and support to individuals with brain injury and family members, and to assist them with navigating the service system.



## **North Dakota Center for Persons with Disabilities (NDCPD)**

<https://ndcpd.org/>

NDCPD envisions a world where people see the potential and worth of all individuals. Where people with disabilities are free from abuse and neglect, contribute to a rich and full community life, and make choices about their own future.

## **North Dakota Dual Sensory Project**

<https://ndcpd.org/dualsensory/>

The North Dakota Dual Sensory Project is a federally funded technical assistance and training program designed to enhance the provision of services for children and youth, birth through age 21, who are deaf-blind. The mission of the project is to help state educational agencies, local educational agencies, Part C agencies, early intervention service providers, and families address the educational, related services, transitional, and early intervention needs of children who are deaf-blind.

## **North Dakota Life Skills and Transition Center (Formerly the Developmental Center)**

<https://www.nd.gov/dhs/locations/developmental/>

The Life Skills & Transition Center (formerly the Developmental Center) is a state-operated, comprehensive support agency for people with intellectual and developmental disabilities, located in Grafton, N.D. The center provides specialized services and is a safety net for people whose needs exceed community resources.

## **North Dakota School for the Deaf/Resource Center for the Deaf and Hard of Hearing**

<https://www.nd.gov/ndsd/>

Our Purpose is to develop, coordinate, and maintain a comprehensive continuum of services for all citizens who are deaf or hard of hearing (infants through senior citizens).

## **North Dakota Vision Services/School for the Blind**

<https://www.ndvisionservices.com/>

North Dakota Vision Services/School for the Blind (NDVS/SB) provides statewide leadership, center based programming, and regionalized outreach services ensuring that the specialized needs of persons of all ages who are blind or visually impaired are met.

## North Dakota Association for the Disabled

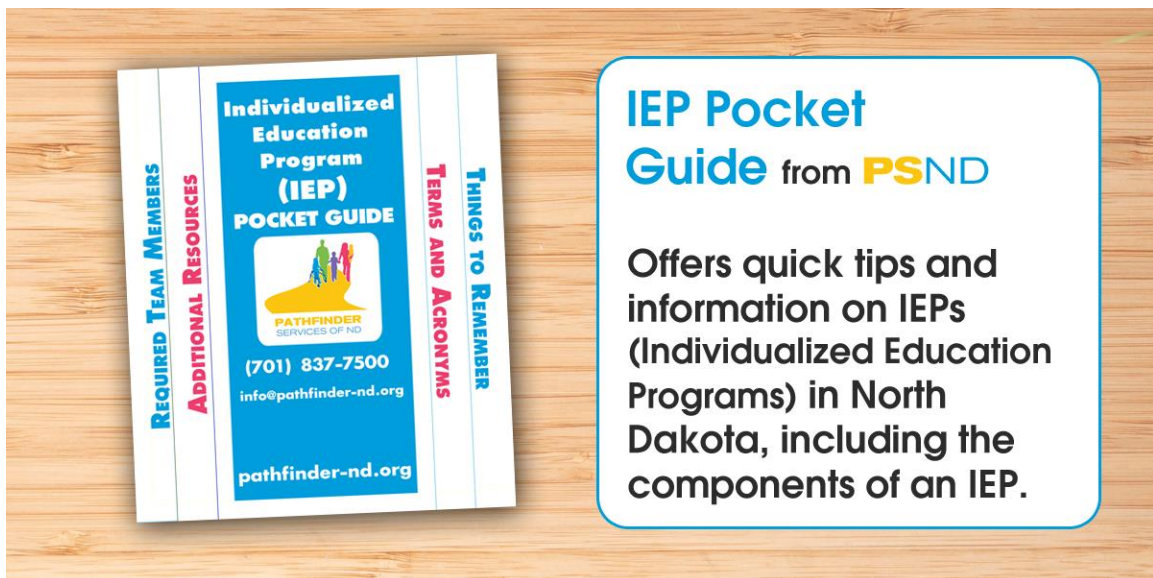
<https://www.ndad.org/>

NDAD follows a philosophy that people with disabilities can live more satisfying, productive lives if they have the opportunity. Many times, this requires the purchase of specialized equipment, medical treatment, or other services.

## Special Olympics of North Dakota

<https://specialolympicsnd.org/>

Special Olympics is a global movement that unleashes the human spirit through the transformative power and joy of sports. It empowers individuals with intellectual disabilities to become accepted and valued members of their communities, leading to a more respectful and inclusive society for all.



## DISABILITY ORGANIZATIONS

### **Designer Genes**

<http://designergenesnd.com/>

Designer Genes strengthens opportunities for individuals with Down syndrome and those who support them to learn, earn, and belong.

### **Easter Seals**

<https://www.esgwnd.org/>

#### **LOCATIONS**

Mandan: 701-663-6828

Minot: 701-839-4121

Grand Forks: 701-772-0704

Jamestown: 701-251-1446

Bismarck-Mandan: 701-751-0863

Fargo: 701-237-9908

Dickinson: 701-264-1060

Easter Seals Goodwill ND, Inc. is a leading organization in supporting children, adults, and families to have equal opportunities to live, learn, work, and play in their communities.

### **Epilepsy Foundation**

<https://www.epilepsy.com>

The mission of the Epilepsy Foundation is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

### **Family Voices of North Dakota**

<http://fvnd.org/site/>

Family Voices of North Dakota is there to help families because they too are parents who have children/youth and young adults with chronic health, physical, developmental, and mental health challenges.

### **Family Voices of North Dakota – North Dakota Parent to Parent Project**

<http://fvnd.org/site/index.php/nd-parent-to-parent/about-nd-parent-to-parent/>

ND Parent to Parent, a project of Family Voices of ND, is a statewide network of parents supporting families of children with developmental delays, disabilities, and special health needs. As trained supporting parents, they offer emotional support and information, and act as a valuable resource to families.

## **Learning Disability Association of America (LDA)**

<https://ldaamerica.org/>

LDA believes that every person with learning disabilities can be successful at school, at work, in relationships, and in the community if given the right opportunities.

## **Mental Health America of North Dakota (MHAND)**

<http://www.mhand.org/>

Mental Health America of North Dakota's mission is to promote mental health through education, advocacy, understanding, and access to quality care for all individuals.

## **North Dakota Association of the Blind**

<https://ndab.org/>

North Dakota Association of the Blind strives to enhance the way of life for people who are blind or visually impaired, to encourage employment opportunities, and to educate the public about sight loss.

## **North Dakota Federation of Families for Children's Mental Health**

<http://ndffcmh.org/>

ND Federation of Families for Children's Mental Health is a parent-run organization focused on the needs of children and youth with emotional, behavioral, or mental disorders and their families.

## **North Dakota Hands and Voices**

<http://www.ndhandsandvoices.org/>

Hands & Voices is dedicated to supporting families with children who are deaf or hard of hearing without a bias around communication modes or methodology. We are a parent-driven non-profit organization providing families with the resources, networks, and information they need to improve communication access and educational outcomes for their children.

## **Red River Valley Asperger-Autism Network**

<http://www.rvan.net/>

The RRVAN is a hub of support and information for those in our area affected by ASDs. They are a non-profit organization spreading the word about ASDs, promoting tolerance of neurodiversity and helping those with ASDs succeed. Although the RRVAN is aimed primarily at the Fargo-Moorhead area, they have and will continue to travel throughout ND and MN to fulfill our mission.

## **The ARC of Bismarck/The ARC of North Dakota, Inc.**

<https://thearcofbismarck.org/>

The Arc of Bismarck is dedicated to improving community support and services, influencing public policy at all levels, providing education and training for advocates, self-advocates and parents, and achieving full inclusion of people with disabilities in all aspects of life.

## OTHER LOCAL CHAPTERS

Little Missouri ARC (Bowman)	701-523-3330
The ARC of Barnes County	701-845-4189
The ARC of Cass County (Fargo)	701-293-8191
The ARC of Dickinson	701-483-4272
The ARC Upper Valley (Grand Forks)	701-772-6191

**PSND**

# Outreach & Leadership



Outreach & Leadership opportunities are the first step in developing respectful, long-lasting relationships with families and youth.

PSND conducts outreach efforts throughout North Dakota to ensure that the voices of parents and youth are heard pertaining to services available within the state.

PSND attends local event booths, family activity fairs, and community events focusing on family services, marketing our services throughout the state.



## LOW INCOME SERVICES AND SUPPORTS

### Catholic Charities of ND

<https://www.catholiccharitiesnd.org/>

Catholic Charities North Dakota builds and strengthens the lives of individuals, couples, and families across the state of North Dakota. With programs for children, families, adults with intellectual disabilities, and others in need, they serve Catholics and non-Catholics alike.

#### LOCATIONS

Fargo:	701-235-4457	Bismarck:	701-255-1793
Grand Forks:	701-775-4196	Minot:	701-852-2854

### Community Action Opportunities

[http://www.capnd.org/who\\_we\\_are/locations.html](http://www.capnd.org/who_we_are/locations.html)

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. They care about the entire community and they're dedicated to helping people help themselves and each other.

There is an office in each of the eight regions.

1. **Williston** (Divide, McKenzie, Williams)  
**701-572-8191**
2. **Minot** (Bottineau, Burke, McHenry, Mountrail, Pierce, Renville, Ward)  
**701-839-7221**
3. **Devils Lake** (Benson, Cavalier, Eddy, Ramsey, Rolette, Towner)  
**701-662-6500**
4. **Grand Forks** (Grand Forks, Nelson, Pembina, and Walsh)  
**701-746-5431**
5. **Fargo** (Cass, Ransom, Richland, Sargent, Steele, Trail)  
**701-232-2452**
6. **Jamestown** (Barnes, Dickey, Foster, Griggs, LaMoure, Logan, McIntosh, Stutsman, Wells)  
**701-252-1821**
7. **Bismarck** (Burleigh, Emmons, Grant, Kidder, McLean, Mercer, Morton, Oliver, Sheridan, Sioux)  
**701-258-2240**
8. **Dickinson** (Adams, Billings, Bowman, Dunn, Golden Valley, Hettinger, Slope, Stark)  
**701-227-0131**

## **Human Service Zones (formerly known as County Social Service Offices)**

<https://www.nd.gov/dhs/locations/countysocialserv/>

The Human Service Zones' local offices in the counties (formerly known as county social service offices) have professionals on site who can help people who need these services and supports: Supplemental Nutrition Assistance Program (SNAP/Food Stamps), Temporary Assistance for Needy Families (TANF), heating assistance, Medicaid, including children's health services; basic care assistance; child care assistance; in-home and community-based services and supports for elderly and disabled individuals; personal care assistance; child welfare (foster care, child protection services, child care licensing and related services); and referrals to other local resources and programs. On the bottom of the page is a map of North Dakota and links to the Human Service Zone for each county.

## **North Dakota Developmental Disabilities Services**

<https://www.nd.gov/dhs/services/disabilities/dd.html>

**701-328-8930**

Developmental Disabilities provides support and training to individuals and families in order to maximize community and family inclusion, independence, and self-sufficiency, to prevent institutionalization, and to enable institutionalized individuals to return to the community.

## **North Dakota Disability Services**

<https://www.nd.gov/dhs/services/disabilities/>

This page provides links directly to the different programs and services that North Dakota has to offer for persons with disabilities. One program that is of interest to some will be the Client Assistance Program (CAP) in relation for youth and young adults needing assistance with Vocational Rehabilitation or independent living services.

## **North Dakota Human Service Centers**

<https://www.nd.gov/dhs/locations/regionalhsc/>

The North Dakota Department of Human Services operates eight regional human service centers. Each serves a designated multi-county area, providing counseling and mental health services, substance abuse treatment, disability services, and other human services. The page has links to find the contact information for your nearest center as well as the services that they provide.

## **North Dakota Child Support**

<https://www.childsupport.dhs.nd.gov/>

**701-328-5440**

Child Support works with parents, employers, and other partners to help ensure children receive court ordered financial and medical support. With online access parents, employers, and partners can connect with Child Support 24/7.

## **REM North Dakota**

<http://www.remnorthdakota.com/>

Minot:	701-839-6630
Devil's Lake:	701-665-3044
Grafton:	701-352-3336

REM North Dakota provides a spectrum of services and supports that encourage people with disabilities to participate as full members in their communities. Their services are designed around the wishes and dreams of each person they support, connecting their strengths with supports provided by REM as well as those available in the community. This organization does work with adults and children and offers respite care.

## **Salvation Army**

<http://salvationarmynorth.org/programs-that-help/basic-needs/>

Bismarck-Mandan:	701-223-1889
Fargo – Moorehead:	701-232-5565
Grand Forks:	701-775-2597
Jamestown:	701-252-0290
Minot:	701-838-8925
Williston:	701-572-2921

Salvation Army offers a lot of different services to people in their community. Check out the page to see what services are available at your location

## **Village Family Services**

<https://thevillagefamily.org/>

Bismarck:	800-627-8220
Devils Lake:	701-662-6776
Fargo:	701-451-4900
Grand Forks:	701-746-4584
Minot:	701-852-3328

From individual and family counseling to child care, mentoring and adoption to financial counseling and workplace issues, The Village is a place for all individuals and families regardless of their size, color, or creed.

## ADVOCACY SERVICES

### **Children's Advocacy Centers of North Dakota**

<https://www.cacnd.org/>

**701-323-5626**

We are network of Children's Advocacy Centers (CACs) working to ensure that every child in North Dakota has access to a multidisciplinary team approach to the investigation and intervention of child abuse. The page lists the Children's Advocacy Centers and their contact information.

### **Legal Services of North Dakota**

<http://www.legalassist.org/>

**800-634-5263**

Legal Services of North Dakota strives to provide high quality legal advice, representation and education to low-income, disadvantaged and elderly North Dakotans. Family and children are listed as one of their 2018 Top Priorities.

### **North Dakota Department of Juvenile Services**

<https://www.nd.gov/docr/juvenile/Community%20Services/offices/index.html>

**701-328-6600**

The goals of the treatment and rehabilitation plan are accomplished in a variety of settings across the continuum of care. Youth might receive treatment services in their own home, the home of a family member, in foster or group care, in psychiatric residential treatment care, inpatient care, or institutional care including secure correctional placement.

### **North Dakota Office of Civil Rights Compliance**

<https://www.nd.gov/cte/services/civil-rights/>

**701-328-3187**

An educational institution's compliance with the Office for Civil Rights Compliance Guidelines and the Carl D. Perkins Career Education Act is an important aspect of excellence in career and technical education. These guidelines and laws are used to assure citizens, parents, and legislators that every career and technical education program in every public school in the State of North Dakota is meeting the basic expectations as set forth by the U.S. Department of Education and the Department of Justice.

## **North Dakota Protection and Advocacy Project**

<http://www.ndpanda.org/>

**701-328-2950**

**800-472-2670**

P&A is concerned with asserting the human, civil and legal rights of people with disabilities, especially those who cannot articulate and act to protect deprivations. P&A operates in a manner which is consistent with the belief that people with disabilities have the same legal and constitutional rights and guarantees as every other American citizen. P&A subscribes to a "self-actualization" view which stresses that every person be given the greatest possible opportunity to shape his or her personal destiny. P&A subscribes to belief in the least restrictive conditions necessary to achieve the purposes of treatment, leaving the person as much personal freedom as possible.

## **The Center for Appropriate Dispute Resolution in Special Education (CADRE)**

<https://www.cadeworks.org/>

**541-359-4210**

CADRE's major emphasis is on encouraging the use of mediation, facilitation, and other collaborative programs and support services. CADRE supports parents, educators, administrators, attorneys, and advocates to benefit from the full continuum of dispute resolution options that can prevent and resolve conflict and ultimately lead to informed partnerships that focus on results for children and youth.

## **United States Department of Education Office of Special Education Programs**

<https://www2.ed.gov/about/offices/list/osers/osep/index.html>

**202-245-7459**

The Office of Special Education Programs (OSEP) is dedicated to improving results for infants, toddlers, children, and youth with disabilities ages birth through 21 by providing leadership and financial support to assist states and local districts.

## MILITARY FAMILY RESOURCES

### **Airman and Family Readiness**

<http://www.afpc.af.mil/Benefits-and-Entitlements/Airman-and-Family-Readiness/>

Child Education or EFMP: **800-342-9647**

Personal & Work Life, Counseling Organizations or Key Spouse information: **800-525-0102**

This provides links to information on a variety of issues of importance to military families, especially in the area of child education.

### **American Red Cross**

<http://www.redcross.org/>

**800-733-2767**

Bismarck:	701-223-6700
Dickinson:	701-483-8704
Fargo:	701-364-1800
Jamestown:	701-252-3550
Minot:	701-852-2828

Military families rely on the Red Cross to help them identify their needs and connect them to the most appropriate Red Cross and community resources. This key Red Cross service ranges from responding to emergency needs for food, clothing, and shelter, referrals to counseling services (e.g., financial, legal, mental health), respite care for caregivers, and other resources that meet the unique needs of local military members, veterans and their families.

### **Family Advocacy Program - Exceptional Family Member Program**

<https://www.myarmyonesource.com/FamilyProgramsandServices/FamilyPrograms/ExceptionalFamilyMemberProgram/default.aspx>

**800-342-9647**

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to Families with special needs. Soldiers on active duty enroll in the program when they have a Family member with a physical, emotional, developmental, or intellectual disorder requiring specialized services so their needs can be considered in the military personnel assignment process.

### **Military and DoD Child Care Assistance**

<https://usa.childcareaware.org/fee-assistancerespite/>

**800-424-2246**

Child Care Aware® of America is proud to partner with the United States Military and Department of Defense to serve and support their families through the Fee Assistance and Respite Child Care Programs. To date they have served more than 10 million families and have created a network of more than 10,000 licensed child care providers.



## Military and Veteran Families Support

<https://www.zerotothree.org/parenting/military-and-veteran-families-support>

800-899-4301

ZERO TO THREE has developed resources specially designed for military and veteran families and the professionals who serve them. With our 10 years of experience working with military families, we have developed tools for parents to use as they navigate the many transitions that are a part of military-connected life.

## National Military Family Association

<http://www.militaryfamily.org/?referrer=http://www.parentcenterhub.org/military/>

703-931-6632

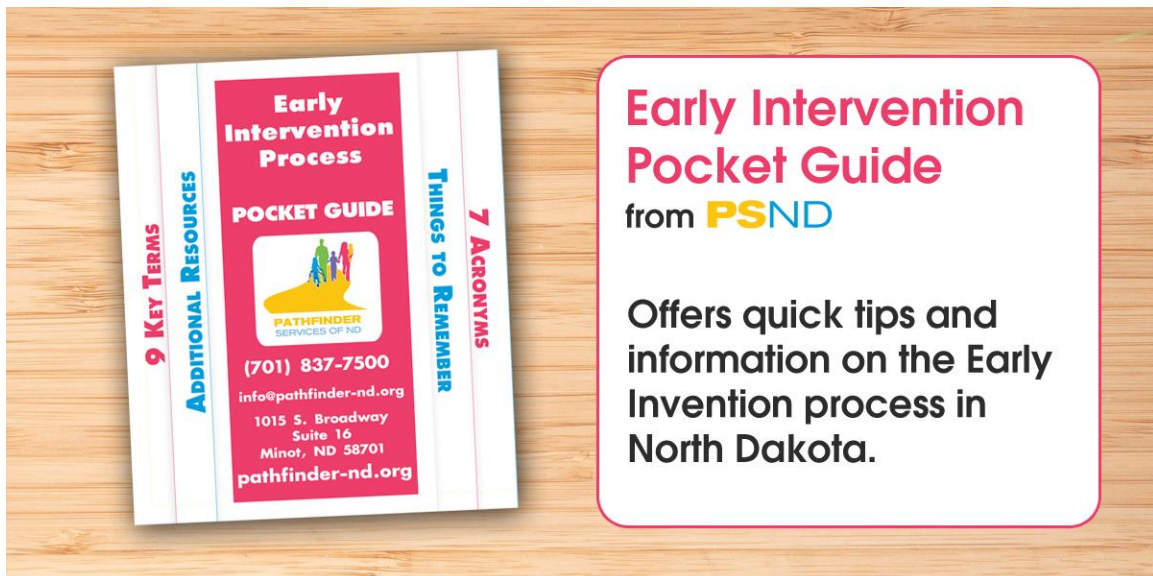
National Military Family Association provides education and information regarding rights, benefits, and services for military families.

## Supportive Service for Veterans and Families

<http://www.capnd.org/what-we-do/statewideprograms/supportive-services-for-veteran-families/>

**See Contact Phone Numbers under Community Action under Social Services**

The goal of SSVF is promoting housing stability among very low-income Veteran families who reside in or are transitioning to permanent housing. SSVF supports a Housing First approach by helping the Veteran family meet its primary need of housing, while addressing barriers to housing stability.



## NATIVE AMERICAN FAMILY RESOURCES

### **Bureau of Indian Affairs**

<https://www.bia.gov/>

The Bureau of Indian Affairs (BIA) mission is to enhance the quality of life, promote economic opportunity, and carry out the responsibility to protect and improve the trust assets of American Indians, Indian tribes, and Alaska Natives.

#### **Turtle Mountain Agency**

<https://www.bia.gov/regional-offices/great-plains/north-dakota/turtle-mountain-agency>

**701-477-3191**

#### **Fort Totten Agency**

<https://www.bia.gov/regional-offices/great-plains/north-dakota/fort-totten>

**701-766-4545**

#### **Standing Rock Agency**

<https://www.bia.gov/regional-offices/great-plains/north-dakota/standing-rock-agency>

**701-854-3433**

#### **Fort Berthold Agency**

<https://www.bia.gov/regional-offices/great-plains/north-dakota/fort-berthold-agency>

**701-627-4707**

### **Bureau of Indian Education**

<https://www.bie.edu/>

**202-208-6123**

BIE's mission is to provide quality education opportunities from early childhood through life in accordance with a tribe's needs for cultural and economic well-being, in keeping with the wide diversity of Indian tribes and Alaska Native villages as distinct cultural and governmental entities. Further, the BIE is to manifest consideration of the whole person by taking into account the spiritual, mental, physical, and cultural aspects of the individual within his or her family and tribal or village context.

### **BIE Schools in North Dakota**

#### **Circle of Nations Wahpeton Indian School**

<http://circleofnations.org/>

**701-642-1984**

#### **Dunseith Indian Day School**

<http://www.dunseithdayschool.k12.nd.us/>

**701-263-4636**

#### **Mandaree School District**

<http://www.mandaree.k12.nd.us/>

**701-759-3311**

**Ojibwa Indian School**

<http://www.ojibwa.k12.nd.us/>

701-477-3108

**Standing Rock Community School**

<http://www.standing-rock.k12.nd.us/>

701-854-2142

**Tate Topa Tribal School (Four Winds)**

<http://www.fourwinds.k12.nd.us/o/tfts>

701-766-1439

**Theodore Jamerson Elementary**

<http://www.tjes.org/>

701-530-0601

**Turtle Mountain Community Schools (Elementary, Middle, and High School)**

<http://www.belcourt.k12.nd.us/>

701-477-6471

**Twin Buttes Elementary School**

<http://www.twinbuttes.k12.nd.us/>

701-938-4396

**White Shield School District**

<http://www.white-shield.k12.nd.us/>

1-701-743-4350

**Tribal Child Care Assistance**

A reimbursement program set up to assist low income families with childcare expenses. The program also registers for both tribal and state requirements to provide childcare services to our clients.

**Turtle Mountain Band of Chippewa Nation**

701-477-3602

**Standing Rock Nation**

701-854-3646

**MHA Nation**

701-627-4756

A reimbursement program set up to assist low income families with childcare expenses. The program also registers for both tribal and state requirements to provide childcare services to our clients.

## **Child Support Enforcement**

**MHA Nation**

701-627-2860

**Spirit Lake Nation**

701-766-4244

**Standing Rock Nation**

701-854-3782

**Turtle Mountain Band of Chippewa Nation**

701-477-6801

Child Support Enforcement pledges to make a difference in the lives of children by ensuring that parents provide support as required by law.

## **Domestic Violence**

**MHA Nation – TAT Victim Services**

<https://www.mhanation.com/tat-victim-services>

**701-627-4171**

**Spirit Lake Victim Assistance**

<http://www.spiritlakenation.com/programs/spirit-lake-victim-assistance/>

**701-766-1816**

**Standing Rock Nation – Sacred Plume Project**

**701-854-4515**

**Turtle Mountain Band of Chippewa Nation - Hearts of Hope Domestic Abuse Shelter**

<https://tmchippewa.com/human-resources/>

**701-477-0002**

## **Early Intervention for Infants and Toddlers with Disabilities**

**MHA Nation**

<https://www.mhanation.com/early-childhood-program>

**701-627-2458**

**Spirit Lake Nation**

<http://www.spiritlakenation.com/programs/early-childhood-tracking/>

**701-766-1248**

**Standing Rock Nation**

<https://www.standingrock.org/programs/>

**701-854-3678**

## **Education for Parents of Indian Children with Special Needs**

<http://www.epicsnm.org/>

**888-499-2070**

Today, EPICS continues to meet the founder's vision to specifically serve families of Native American Children with Disabilities, Developmental Delays, Special Healthcare Needs, and Deaf or Hard of Hearing. EPICS serves Native American children from birth to 26 years old. Training is provided to educate parents on their rights, responsibilities and protections as they develop their skills necessary to effectively participate in the planning and decision making relating to Early Intervention, Educational and Transitional Services to meet their child's specific and unique needs.

## **Indian Child Welfare Act (ICWA)**

**MHA Nation ICWA**

<https://www.mhanation.com/social-services>

**701-627-8150**

**Spirit Lake Nation ICWA**

<http://www.spiritlakenation.com/programs/spirit-lake-social-services/icwa/>

**701-766-4855**

**Standing Rock Nation ICWA**

<https://www.standingrock.org/programs/>

**701-854-3095**

**Turtle Mountain Band of Chippewa Nation ICWA**

<https://tmchippewa.com/human-resources/>

**701-477-5688**

ICWA governs State child-custody proceedings in multiple ways, including: (1) by recognizing Tribal jurisdiction over decisions for their Indian children; (2) by establishing minimum Federal standards for the removal of Indian children from their families; (3) by establishing preferences for placement of Indian children with extended family or other Tribal families; and (4) by instituting protections to ensure that birth parents' voluntary relinquishments of their children are truly voluntary.

## **North Dakota Indian Affairs Commission**

<http://indianaffairs.nd.gov/indian-commission/>

**701-328-2428**

The Commission is the liaison between the Executive Branch and the Tribes in North Dakota. Duties include mediation service with the Tribes and State and working with other state agencies regarding proper protocol in working with Indian people and Tribal governments.

## North Dakota Indian Education Advisory Council

<https://www.nd.gov/dpi/education-programs/indian-education/north-dakota-indian-education-advisory-council>

**701-328-2254**

North Dakota Indian Education Advisory Council is established by the North Dakota Department of Public Instruction to act in an advisory role to the department in matters affecting the education of Indian students in North Dakota.

**PSND**

# Technical Assistance



Technical Assistance provides support, referrals, guidance, and education to parents and youth on IFSPs, IEPs, 504 plans, IPEs, transitions, and more. This includes what to expect, how to prepare, strategies to inform and empower, and how to work as a collaborative team.

Contact PSND to receive services:

 701.837.7500

 [info@pathfinder-nd.org](mailto:info@pathfinder-nd.org)



## OTHER RESOURCE GUIDES AVAILABLE ONLINE

2-1-1

<https://www.211.org/>

### Region 6 – North Dakota Resource Guide

<https://static1.squarespace.com/static/5570a318e4b02d3071ca7d2b/t/55a3e110e4b06bf936cc1a6a/1436803344668/region+6+resource+directory+final.pdf>

### Family Voices of North Dakota - New Beginnings Resources for Children with Special Health Care Needs In North Dakota

[http://fvnd.org/wp-content/uploads/2012/11/New\\_Beginnings\\_Guide\\_2011.24829402.pdf](http://fvnd.org/wp-content/uploads/2012/11/New_Beginnings_Guide_2011.24829402.pdf)

### Special Health Services 2021 Multidisciplinary Clinic Directory

[https://www.health.nd.gov/sites/www/files/documents/Files/HSC/SHS/SHS\\_Clinic\\_Directory.pdf?ver=2](https://www.health.nd.gov/sites/www/files/documents/Files/HSC/SHS/SHS_Clinic_Directory.pdf?ver=2)

### North Dakota Hands & Voices Resource Manual

<http://www.ndhandsandvoices.org/resources.html>

### North Dakota Homeless Coalition Resources

<https://www.ndhomelesscoalition.org/resources/>

